

DEPARTMENT of CATHOLIC EDUCATION

Office of Youth Ministry

2170 E. Victory Drive

Savannah, GA 31404

912-201-4057

CatholicEducationGA.org

ROOTED

Youth Night Outline for Parish Use

Introduction / Prayer / Scripture

-Read Ephesians 3:16-20

Main Talk (Recording – Rooted)

Break into small groups

Potential Questions / Prompts

-Father talks about our faith being what roots us and sustains us. Do you think that this is true in your life? Do you have other things that you lean on to “sustain” you? Why do you think we result to leaning on these things rather than God sometimes?

-Father talks about the difference between love and romance. Have you experienced the feeling of love of God but experienced it dwindle when life gets busy/challenging? What do you think about love as a choice? Do you want to choose this act of love even when you might not feel close to God?

-Father gives 4 practical ways for us to root ourselves in God’s love.

1. Personal prayer life

-What does your prayer life currently look like?

-In what ways would you like to strengthen your prayer life? (amount of time you pray / setting aside a specific time to pray / types of prayer that you use / adding silence / etc.)

2. Spiritual reading

-Father talks about things that either form us or deform us. What are you being “fed” with? Do the things we take in form our minds and spirit or *deform* it? (give suggestions of books / social media / music / podcasts)

3. Authentic friendship and community

-Do you surround yourself with people who “call you on to greatness”? Do you make sure that you encourage your friends to be the best version of themselves?

-Sometimes authentic friendships come from people who we did not expect. Are there people who may seem different that you haven’t gotten to know because you think you wouldn’t get along? Are there people who you lost touch with but could reach out to check in?

4. Regular confession

-How do you view confession? Are there things holding you back from going to confession?

-Are there any ways to live out your relationship with Christ that weren’t mentioned?

-After talking through these four points, are there things that stand out to you that you want to implement to help you grow deeper roots in your relationship with Christ?

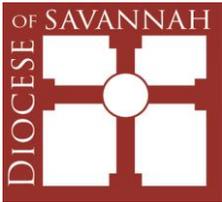
-How are we going to grow in these areas this month? Make one goal.

Come Together / Prayer / Dismissal

-If possible, have time in front of either Christ in adoration or silent time in front of the tabernacle.

In accomplishing the Church’s fundamental mission to build the body of Christ through the catechesis of children, the **DEPARTMENT OF CATHOLIC EDUCATION** – the *Office of Catholic Schools*, the *Office of Catechesis for Children*, and the *Office of Youth Ministry*, commits expertise, time and energy to provide systemic standards for leadership, support, and service to those who live the mission to prepare hearts, educate minds, reveal Christ and cultivate the Roman Catholic tradition.

Diocese of Savannah Catholic Education...Powering Potential!



DEPARTMENT of CATHOLIC EDUCATION

Office of Youth Ministry

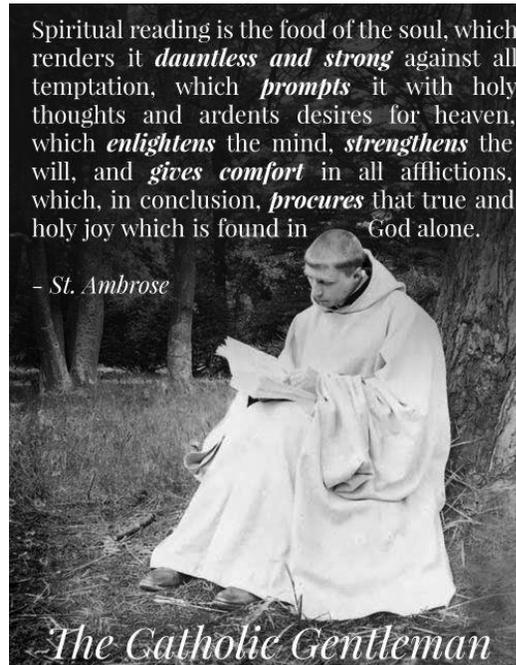
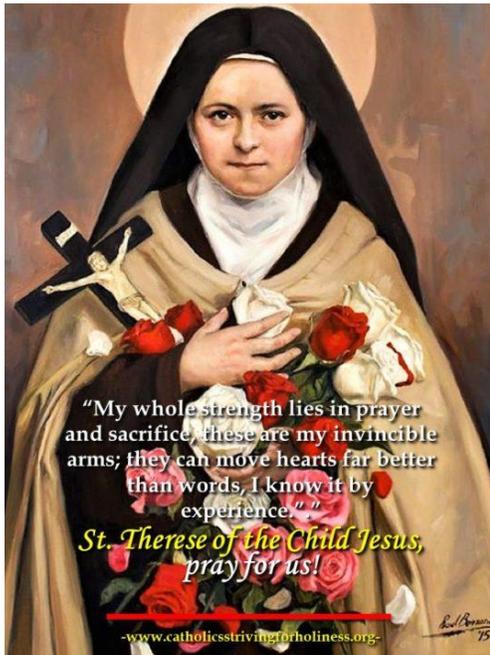
2170 E. Victory Drive

Savannah, GA 31404

912-201-4057

CatholicEducationGA.org

Theme-Related Quotes for Inspiration



"The most deadly poison of our times is indifference. And this happens, although the praise of God should know no limits. Let us strive, therefore, to praise him to the greatest extent of our powers."

Maximilian Kolbe

"As with all relationships, our relationship with God is one that must be nurtured and cared for. It is the grand reason behind the rituals, the prayers, the masses and the traditions. When I was studying abroad this past January, I had to go to mass in foreign countries by myself because no one else in my class was a practicing Catholic. Navigating the streets of Paris, Florence and Madrid, I managed to attend some of the most beautiful churches in the world. Without the fire in my heart for Christ and a devotion to our relationship, I could have just worked on homework in the hotel or went to the pub with my classmates. Sometimes doing the right thing is difficult, but if you frame your mind to think of practicing the faith as a visit with a friend, it feels different."

"When my non-Catholic friends tell me they accept my religion, but don't think they could do it themselves, I remind them that behind the rules is a relationship. Even if you haven't gone to church in years, God is still calling you to Him. He still seeks to know you and love you, even when you aren't sure you love yourself. I have seen children of atheists devote their lives to God after hearing the story of Jesus Christ. I have witnessed people estranged from the Church come back after so many years. We are drawn to the love God has for us and we want to be known." Ariel Dorsey

"The dignity of man rests above all on the fact that he is called to communion with God. This invitation to converse with God is addressed to man as soon as he comes into being. For if man exists it is because God has created him through love, and through love continues to hold him in existence. He cannot live fully according to truth unless he freely acknowledges that love and entrusts himself to his creator."¹ CCC 27

In accomplishing the Church's fundamental mission to build the body of Christ through the catechesis of children, the **DEPARTMENT OF CATHOLIC EDUCATION** – the **Office of Catholic Schools**, the **Office of Catechesis for Children**, and the **Office of Youth Ministry**, commits expertise, time and energy to provide systemic standards for leadership, support, and service to those who live the mission to prepare hearts, educate minds, reveal Christ and cultivate the Roman Catholic tradition.

Diocese of Savannah Catholic Education...Powering Potential!